

## Equipment

All players must wear the mandatory equipment as per —Official Rules of Ringette Canada.

- Helmets: All on-ice participants at practices and events must wear a CSA approved helmet. Failure to comply with this policy will result in automatic loss of BC Ringette sanctioning for the activity or event.
- Facemasks: All players must wear approved facemasks in accordance with BCRA Guidelines.
- Shoulder Pads: Shoulder pads are mandatory for all BCRA registered players in the U19 division and under. Prior to any player returning from any degree of neck or head injury, they must have a letter of clearance from a practicing medical physician.
- All participants, from U9 to 18+, are strongly recommended to wear a protective mouth guard.

